

WHAT IS CLAIMED AS NEW AND DESIRED TO BE SECURED BY LETTERS
PATENT OF THE UNITED STATES IS:

1. A method of preparing cooked rice, comprising steaming raw rice having a water
5 content of less than 30 % by weight and then boiling the steamed rice.

2. A method according to Claim 1, wherein the raw rice has a water content of from
14 to 29 % by weight.

3. A method according to Claim 1, wherein the raw rice has a water content of from
20 to 26 % by weight.

4. A method according to Claim 1, wherein the raw rice has a water content of from
21 to 24 % by weight.

5. A method according to Claim 1, wherein the raw rice is a wash rice type.

6. A method according to Claim 1, wherein the raw rice is a wash-free milled rice
type.

7. A method according to Claim 1, wherein the raw rice is steamed for a period of
from 10 to 30 minutes.

8. A method according to Claim 1, wherein the raw rice is steamed at a temperature
of from 90 to 100°C.

9. A method according to Claim 1, wherein water at a temperature of 50°C or more
20 is added to the steamed rice before boiling.

10. A method according to Claim 1, wherein water at a temperature of from 70 to
80°C is added to the steamed rice before boiling.

11. A method according to Claim 1, further comprising adding a seasoning to the rice
during steaming or boiling, or during both steaming and boiling, or to the boiled rice.

25 12. A method according to Claim 11, wherein the seasoning is a seasoning used in

pilaf, Chinese fried rice, dry curry, paella or buttered rice with chicken.

13. A method according to Claim 1, further comprising steaming the rice after boiling.

14. A method according to Claim 13, wherein the boiled rice is steamed at a temperature of 90°C or more.

15. A method according to Claim 1, wherein the steamed rice before boiling has a gelatinization degree of from 15 to 35 %.

16. A method according to Claim 1, wherein the steamed rice before boiling has a gelatinization degree of from 18 to 30 %.

17. Cooked rice prepared according to the method of Claim 1.

18. A cooked rice type comprising the cooked rice of Claim 17.

19. A cooked rice type according to Claim 18 which is selected from the group consisting of pilaf, Chinese fried rice, dry curry, paella and buttered rice with chicken.